

Record of Sports Premium spending by item/project			
Item/project	Cost	Objective	Outcome
To buy in dance lessons	£4930	<p>To improve Strength and flexibility which helps keeping muscles and joints healthy</p> <p>To learn about the body, improving posture and balance</p> <p>To increase self-esteem and confidence through mastering new skills</p>	<p>Students will gain a new hobby where they can meet people, make friends</p> <p>Will gain insights into new cultures</p> <p>Dance can lead to new career opportunities and helps building vital communication skills needed in every professions</p> <p>Students will gain a creative outlet to express personalities in a safe environment</p> <p>Dance is a fun way to keep healthy</p>
To buy in Sanjuro lessons	£900	<p>To improve fitness, balance and co-ordination</p> <p>To learn about basic anatomy, physiology and nutrition</p> <p>To encourage discussion around the effects that actions can have on others</p>	<p>Students will get fitter</p> <p>They will learn how to resolve conflicts calmly and politely</p> <p>Improved behaviour</p>
To buy in resources for PE in the playground	£500	To improve the time students pass in the playground by making it more active time	Students will be engaged in PE activities during their break times
To improve cycling resources	£ 1960	<p>To build on cardiovascular fitness</p> <p>To learn about road safety</p>	Students will be able to engage in PE activites as their choice time, they will be able to have cycling lessons in school
Total	£8,290		